

ZEBEDEE'S LUNCH BOX

TEA MENU

MENU A	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Carrot & Cheese Pasta	Speldhurst Sliced Sausage	Sweetcorn & Diced Cucumber	Peach Fruit Jelly Pot
Tuesday	Honey Roast Ham Sub Roll	Cheese Cubes	Cherry Tomato & Cucumber Batons	Smooth Raspberry Fromage Frais
Wednesday	Cheesy Basil Bread Fingers with Sweetcorn Dip	Hard Boiled Free Range Egg Wedges	Pepper & Carrot Batons	Honeydew Melon Wedge
Thursday	Free Range Egg & Cress Wholemeal Roll	Cheesy Popcorn	Carrot Batons	Homemade Cereal Slice
Friday	Chicken Roll	Vegetable Rice	Dried Apricots	Apricot & Choc Chip Hob Nob Cookie

MENU B	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Roasted Vegetable Pasta Salad	Roast Chicken Slices	Mixed Sultanas & Raisins	Strawberry Fruit Smoothie Yoghurt Drink
Tuesday	Laughing Cow Soft Cheese Roll	Hard Boiled Free Range Egg Wedges	Pepper & Carrot Batons	Orange Smiles
Wednesday	Homemade Moroccan Topped Wholemeal Pizza Fingers	Chicken New Potato & Houmous Salad	Cherry Tomato & Cucumber Batons	Homemade Apricot & Pear Flapjack
Thursday	Chicken Roll	Cheese Straws with Carrot Dip	Cherry Tomato	Honeydew Melon Wedge
Friday	Savoury Tomato & Tofu Bites with Flora Portion	Cheese Cubes	Golden Sultanas	Raspberry & Chocolate Pot

MENU C	ITEM 1	ITEM 2	ITEM 3	ITEM 4
Monday	Homemade Roasted Vegetable & Basil Wholemeal Pizza Fingers	Mixed Sultanas & Raisins	Cucumber Batons & Cherry Tomato	Black Cherry Yoghurt Pot
Tuesday	Dolphin Friendly Tuna Mayonnaise Finger Roll	Roast Chicken Slices	Sweetcorn & Diced Cucumber	Fruit Cocktail Pot
Wednesday	Free Range Egg & Cheese Sub Roll	Chicken Mango Rice	Cheese Cubes	Homemade Peach Flapjack
Thursday	Tomato Pasta	Hard Boiled Free Range Egg Wedges	Cucumber Batons	Orange Smiles
Friday	Savoury Danish Pastry	Dried Apricots	Cherry Tomato & Cucumber Batons	Fruity Shortbread Biscuit